

Ventana Winds

Retirement Community

Assisted Living

12322 N 113th Ave | Youngtown, AZ 85363 | 623-583-2460

Community Spotlight

A special shoutout to Les Williams and our amazing team for helping make Mary Ellen's 104th Birthday Celebration so special!

Thank you, Les, for your hard work, dedication, and the time you spent helping prepare for this milestone celebration. From helping get the news there to making delicious cakes, your kindness and effort helped create a beautiful memory for Mary Ellen.

We appreciate everyone who helped make this celebration a success. Thank you for bringing smiles and making our community moments extra special!

Meet the Team Directory!

Shinie Haynes – Executive Director
Katrina Yale – Compliance Manager
Rafael Ramos – Marketing Director
Angela Thorne – Wellness Director
Daniela De La Cruz – WCC
Mandy Lemke – RCC (AL)
Tammy Harris – RCC (Elements)
Stacey Trayah – Activity Director

AUGUST 2026

August Zodiac Spotlight

Leo (July 23 – Aug 22)

Symbol: The Lion

Element: Fire

Birthstone: Peridot

Leos are often recognized for their warm personalities, confidence, and generosity. They enjoy spending time with family and friends, bringing people together, and making others feel welcome. Known for their optimism and enthusiasm, Leos often inspire those around them with their positive outlook on life.

Virgo (Aug 23 – Sept 22)

Symbol: The Maiden

Element: Earth

Birthstone: Peridot (Aug) and Sapphire (Sept)

Virgos are known for their thoughtful nature, dependability, and attention to detail. They enjoy helping others, solving problems, and creating a sense of order. Their patience, kindness, and practical approach make them trusted friends and valued members of any community.

Happy Birthday!

To all of our residents celebrating birthdays this month, we wish you a very happy birthday! May your year ahead be filled with good health, happiness, friendship, and wonderful memories.

Meal Service Times:

Breakfast : 7AM - 9AM

Lunch : 11:30AM - 1:30PM

Dinner : 4PM - 6PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026 ASSISTED LIVING						9:00 Bible Study with Bobby - Bring your own Bible! 1 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night
8:30 Shepherd of the Desert Church Bus Ride 2 1:00 Mahjong 2:30 Word Game Station - AR 6:00 Farkle	9:00 Walmart trip - Sign up w/ Stacey (2nd Flr) 3 10:00 Pick Your Play - Card/Board Games 11:00 Independent Creations: DIY Craft 1:00 Root beer Floats & Chat w/ Stacey 2:00 Beachball Volleyball - AR 3:00 Sips & Songs 6:00 Farkle	9:00 Chair Exercise w/ Stacey - AR 4 10:00 Peaceful Painting - AR 11:00 Card Games! - AR 1:00 Crazy Bingo - AR 2:00 Knitting & Crocheting Club - LB 2:30 Choir Practice - AR 6:00 Farkle 6:00 Poker night	9:00 Frys Trip - Sign up w/ Stacey (2nd Flr) 5 10:00 Music and Paint 11:00 Card Games! - AR 1:00 RL - Crazy Bingo - AR 2:30 Topsy Trivia w/ Friends 6:00 Farkle	9:00 Serenity Stretch 6 9:30 Culinary Chat w/ Nacho - AR 11:00 Brain Games - AR 1:00 Crazy Bingo - AR 2:00 Knitting & Crocheting Club - LB 2:30 Snack & Craft - AR 6:00 Farkle	8:30 Peoria Shopping Center: (Ross, Dollar Tree, 5 below, Michaels) 7 10:00 Peaceful Painting - AR 11:00 Board Games in Activity Room 1:00 Crazy Bingo - AR 2:30 Karaoke & Sing-A-Long - AR 6:00 Farkle	9:00 Bible Study with Bobby - Bring your own Bible! 8 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night
8:30 Shepherd of the Desert Church Bus Ride 9 10:00 Plant & Grow Station - AR 1:00 Mahjong 2:30 Word Game Station - AR 6:00 Farkle	9:00 Savers Thrift Shopping - Sign up w/ Stacey (2nd Floor) 10 10:00 Pick Your Play - Card/Board Games 11:00 Independent Creations: DIY Crafts 1:00 Popcorn & Documentaries 2:00 Next month's Activities Chat - AR 3:00 Tunes & Treats 6:00 Farkle	9:00 Chair Exercise w/ Stacey - AR 11 10:00 Peaceful Painting - AR 11:00 Pick Your Play - Card/Board Games 1:00 Crazy Bingo - AR 2:00 Knitting & Crocheting Club - LB 2:30 Choir Practice - AR 6:00 Farkle 6:00 Poker night	9:00 Fitness Drumming - AR 12 10:00 Music and Paint 11:00 Card Games! - AR 1:00 RL - Crazy Bingo - AR 2:30 Topsy Trivia w/ Friends 6:00 Farkle	9:00 Serenity Stretch 13 9:30 Culinary Chat w/ Nacho - AR 10:00 Toms Music Show - AR 1:00 Crazy Bingo - AR 2:00 Knitting & Crocheting Club - LB 2:30 Resident Council Meeting - AR 6:00 Farkle	9:00 Lets walk the Mall! - Sign Up w/ Stacey 14 10:00 Peaceful Painting - AR 11:00 Card Games! - AR 1:00 Crazy Bingo - AR 2:30 Toms Music Show - Happy Hour 6:00 Farkle	9:00 Bible Study with Bobby - Bring your own Bible! 15 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night
8:30 Shepherd of the Desert Church Bus Ride 16 10:00 Bracelet Making Station - AR 1:00 Mahjong 2:30 Word Game Station - AR 6:00 Farkle	9:00 Walmart trip - Sign up w/ Stacey (2nd Flr) 17 10:00 Pick Your Play - Card/Board Games 11:00 Independent Creations: DIY Crafts 1:00 Snow Cones & Chat w/ Stacey 2:00 Beachball Volleyball - AR 3:00 Classic Hits & Cocktails 6:00 Farkle	9:00 Chair Exercise w/ Stacey - AR 18 10:00 Peaceful Painting - AR 11:00 Card Games! Kings in a Corner & Uno - AR 1:00 Crazy Bingo - AR 2:00 Knitting & Crocheting Club - LB 2:30 Choir Practice - AR 6:00 Farkle 6:00 Poker night	9:00 Fitness Drumming - AR 19 10:00 Music and Paint 11:00 Card Games! - AR 1:00 RL - Crazy Bingo - AR 2:30 UHC - Bday Cards & Bags for Foster Kids! 3:00 Dementia Support w/ Tammy 6:00 Farkle	9:00 Serenity Stretch 20 9:30 Culinary Chat w/ Nacho - AR 10:00 Shepherd of the Desert 11:00 Brain Games - AR 1:00 Crazy Bingo - AR 2:00 Knitting & Crocheting Club - LB 2:30 Candle Stick Painting - AR 6:00 Farkle	9:00 Goodwill Outing - Sign up w/ Stacey (2nd Floor) 21 10:00 Peaceful Painting - AR 11:00 Card Games! Kings in a Corner and Uno - AR 1:00 Crazy Bingo - AR 2:30 Name That Tune w/ Tom - AR 6:00 Farkle	9:00 Bible Study with Bobby - Bring your own Bible! 22 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night
8:30 Shepherd of the Desert Church Bus Ride 23 10:00 Sketch & Draw Station - AR 1:00 Mahjong 2:30 Word Game Station - AR 6:00 Farkle	9:00 Winco Grocery Shopping - Sign up w/ Stacey (2nd Floor) 24 10:00 Pick Your Play - Card/Board Games 11:00 Independent Creations: DIY Crafts 1:00 Popcorn & Documentaries 2:00 Polish & Pamper Spa Social - LB 3:00 Good Tunes & Good Friends 6:00 Farkle	9:00 Chair Exercise w/ Stacey - AR 25 10:45 Peaceful Painting - AR 1:00 Crazy Bingo - AR 2:00 Knitting & Crocheting Club - LB 2:30 Choir Practice - AR 6:00 Farkle 6:00 Poker night	All Day *GIVE & TAKE* ALL DAY - LB 26 9:00 Fitness Drumming - AR 10:00 Music and Paint 11:00 Card Games! Kings in a Corner & Uno - AR 1:00 RL - Crazy Bingo - AR 2:30 Topsy Trivia w/ Friends 6:00 Farkle	9:30 Culinary Chat w/ Nacho - AR 27 9:30 Southwest Mobility- LB - Get your Walker/Wheelchair/Scooter Serviced for FREE! 11:00 Brain Games - AR 1:00 Crazy Bingo - AR 2:00 Knitting & Crocheting Club - LB 2:30 Town Hall Meeting *All Residents Welcome* 6:00 Farkle	9:00 Deseret Industries Thrift Store - Sign Up w/ Stacey (2nd Floor) 28 10:00 Peaceful Painting - AR 11:00 Card Games! - AR 1:00 Crazy Bingo - AR 4:00 LIVE FAMILY FUED NIGHT - Family Night 6:00 Farkle	9:00 Bible Study with Bobby - Bring your own Bible! 29 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night
8:30 Shepherd of the Desert Church Bus Ride 30 1:00 Mahjong 2:30 Word Game Station - AR 6:00 Farkle	9:00 Walmart trip - Sign up w/ Stacey (2nd Flr) 31 10:00 Pick Your Play - Board Games 11:00 Independent Creations: DIY Crafts 1:00 Ice Cream Social & Chat w/ Stacey 2:00 Beachball Volleyball - AR 3:00 Happy Hour Hits 6:00 Farkle	Join the Fun This Month! Every day is a new opportunity to laugh, learn, and connect! Our activity program is designed to bring residents together through games, crafts, music, fitness, social gatherings, and special events. Whether you enjoy friendly competition, creative projects, or simply spending time with friends, there's something for everyone. We encourage everyone to try something new and create memories. Participation is always optional. Come join the fun—we can't wait to see you at our next activity!				



August at a Glance



MARK YOUR CALENDARS



Family Feud Fun Night

Get ready for an evening of laughter, teamwork, and community fun!

Join us on Friday, August 28th from 4:00 PM – 6:00 PM in the Dining Room for our Family Feud Fun Night!

Residents, family members, and friends are invited to come together for a fun-filled game night featuring friendly competition, exciting questions, and plenty of laughs. Cheer on your team, test your guessing skills, and enjoy making new memories with friends and family.

We can't wait to see everyone join in on the fun!

Where: Dining Room
When: Friday, August 28th
Time: 4:00 PM – 6:00 PM



Brain Teaser

I have cities but no houses.
I have forests but no trees.
I have rivers but no water.

What am I?

August is a month of sunshine, friendship, and making memories. It's the perfect time to enjoy an afternoon with neighbors, share stories over coffee, and take part in the many activities happening throughout our community. We hope this month brings you laughter, good health, and plenty of reasons to smile!



This Month in History

August 4, 1790 – The U.S. Coast Guard was established

August 15, 1945 – WWII officially came to an end following Japan's surrender.

August 26, 1920 – The 19th Amendment gave women the right to vote in the US.

August 21, 1959 – Hawaii became the 50th U.S. state.