

Desert Winds Senior Living Community		Elements Neighborhood				October 2026	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				9:00 Coffee Social (DR) 1 9:30 Chair Exercise (L) 10:30 Group coloring (LI) 2:30 Residents Choice of Assorted Activities (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 2 9:30 Chair stretches (LI) 10:00 Worship in Theatre (T) 10:30 Dave and Elaine fun with music (LI) 2:30 Residents Choice of Assorted Activities (DR) 3:00 Popcorn & Movie (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 3 9:30 Chair stretches (LI) 10:30 Name that tune & sing along (LI) 2:30 Resident Choice Activities (DR) 5:00 Music Therapy (LI)	
9:00 Coffee Social (DR) 4 9:30 Let's Stretch with Libby (LA) 1:30 Church On Tv 2:00 Residents Choice of Activity (DR) 5:00 Music Therapy (LI)	9:00 Coffee Social (DR) 5 9:30 Chair stretches (LI) 12:30 Bingo With Betty (BH) 2:30 Group Coloring 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 6 9:30 Chair stretches (LI) 10:00 BIG connect 4 (LI) 1:00 Residents' choice (DR) 2:30 Octoberfest Celebration (DR) 5:00 Music Therapy (LI)	9:00 Coffee Social (DR) 7 9:30 Chair stretches (LI) 1:00 Toss Like a Boss (LIB) 2:30 Residents Choice of Assorted Activities (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 8 9:30 Chair stretches (LI) 10:00 Fancy Manicures (L) 10:30 Indoor bowling (LI) 2:00 horticulture (DR) 2:30 Residents Choice of Assorted Activities (DR) 5:00 Watch, relax, & listen to music (LI)	2:00 Happy Hour Tommy Buffa (LI) 9 9:00 Coffee Social (DR) 9:30 Chair stretches (LI) 10:00 Worship in Theatre (T) 2:30 Residents Choice of Assorted Activities (DR) 3:00 Popcorn & Movie (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 10 9:30 Chair stretches (LI) 10:30 Name that tune & sing along (LI) 2:30 Resident Choice Activities (DR) 5:00 Music Therapy (LI)	
9:00 Coffee Social (DR) 11 9:30 Let's Stretch with Libby (LA) 1:30 Church On Tv 2:00 Residents Choice of Activity (DR) 5:00 Music Therapy (LI)	9:00 Coffee Social (DR) 12 9:30 Chair stretches (LI) 12:30 Bingo With Betty (BH) 2:30 Group Coloring 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 13 9:30 Chair stretches (LI) 10:00 BIG connect 4 (LI) 1:00 Residents' choice (DR) 2:30 Bloom & Flow (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 14 9:30 Chair stretches (LI) 1:00 Toss Like a Boss (LIB) 2:30 Residents Choice of Assorted Activities (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 15 9:30 Chair stretches (LI) 10:00 Fancy Manicures (L) 10:30 board game hour (LI) 2:30 Residents Choice of Assorted Activities (DR) 5:00 Music Therapy (LI)	9:00 Coffee Social (DR) 16 9:30 Chair stretches (LI) 10:00 Worship in Theatre (T) 10:30 Story Time with Mo from Savior Hospice (LI) 2:30 Residents Choice of Assorted Activities (DR) 3:00 Happy Hour with Hooter Blues (L) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 17 9:30 Chair stretches (LI) 10:30 Name that tune & sing along (LI) 2:30 Resident Choice Activities (DR) 5:00 Music Therapy (LI)	
9:00 Coffee Social (DR) 18 9:30 Let's Stretch with Libby (LA) 1:30 Church On Tv 2:00 Residents Choice of Activity (DR) 5:00 Music Therapy (LI)	9:00 Coffee Social (DR) 19 9:30 Chair stretches (LI) 12:30 Bingo With Betty (BH) 2:30 Group Coloring 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 20 9:30 Chair stretches (LI) 10:00 BIG connect 4 (LI) 1:00 Residents' choice (DR) 2:30 Bloom & Flow (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 21 9:30 Chair stretches (LI) 1:30 indoor bowling 2:30 Residents Choice of Assorted Activities (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 22 9:30 Chair stretches (LI) 10:00 Fancy Manicures (L) 10:30 Who has a story to share? (LI) 2:00 horticulture (DR) 2:30 Residents Choice of Assorted Activities (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 23 9:30 Chair stretches (LI) 10:00 Worship in Theatre (T) 10:30 Story Time with Mo from Savior Hospice (LI) 2:30 Residents Choice of Assorted Activities (DR) 3:00 Popcorn & Movie (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 24 9:30 Chair stretches (LI) 10:30 Name that tune & sing along (LI) 2:30 Resident Choice Activities (DR) 5:00 Music Therapy (LI)	
9:00 Coffee Social (DR) 25 9:30 Let's Stretch with Libby (LA) 1:30 Church On Tv 2:00 Residents Choice of Activity (DR) 5:00 Music Therapy (LI)	9:00 Coffee Social (DR) 26 9:30 Chair stretches (LI) 12:30 Bingo With Betty (BH) 2:30 Group Coloring 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 27 9:30 Chair stretches (LI) 10:00 BIG connect 4 (LI) 1:00 Residents' choice (DR) 2:30 Bloom & Flow (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 28 9:30 Chair stretches (LI) 1:00 Toss Like a Boss (LIB) 2:30 Residents Choice of Assorted Activities (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 29 9:30 Chair stretches (LI) 10:00 Fancy Manicures (L) 10:30 Who has a story to share? (LI) 2:30 Residents Choice of Assorted Activities (DR) 5:00 Watch, relax, & listen to music (LI)	9:00 Coffee Social (DR) 30 9:30 Chair stretches (LI) 10:00 Worship in Theatre (T) 10:30 Story Time with Mo from Savior Hospice (LI) 2:30 Residents Choice of Assorted Activities (DR) 3:00 Popcorn & Movie (DR) 5:00 Halloween Party (LI)	All Day happy Halloween 31 9:00 Coffee Social (DR) 9:30 Chair stretches (LI) 10:30 Can you name that Halloween tune and sing along? (LI) 2:30 Resident Choice Activities (DR) 5:00 Watch, relax, & listen to music (LI)	
Happy Birthday!					Location Key:		