

Ventana Winds Senior Living Community		Assisted Living					October 2026	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				8:30 Morning News Café – AR 9:00 30 min Chair Yoga – AR 10:00 Art Hour – AR 11:30 1:1 Visit w/ Stacey – By appointment 1:00 Bingo – AR 2:00 Book Club – LB 2:30 Candle Painting – AR 6:00 Farkle – AR	1 All Day Pink for Hope – *Wear pink* 8:30 Morning News Café – AR 9:00 Winco Trip – Sign Up (2nd Floor) 11:00 Open Activity Art – AR 1:00 Bingo – AR 2:30 Happy Hour & Music – DR 4:00 Snacks & Sudoku – AR 6:00 Farkle – AR	2 9:00 Bible Study with Bobby – Bring your own Bible! 10:00 Coffee & Chat w/ Neighbors – AR 1:00 Mahjong – AR 1:00 Scrabble with friends – AR 6:00 Farkle – AR 6:00 Poker night – AR		
8:30 Morning Stroll Around Ventana 9:00 Scripture of the Day – AR 10:00 Resident Choice Station – Activity Carts 1:00 Mahjong – AR 2:30 Resident Choice Station – Activity Carts 6:00 Farkle – AR	4 8:30 Morning News Café – AR 9:00 Walmart trip – Sign up (2nd Floor) 10:00 Seated Strength Training (VI) – AR 11:00 Open Activity Hour – AR 1:00 Baking Club: Bake & Take 2:30 Beverages on Courtyard – CY 4:00 Snacks & Crosswords – AR 6:00 Farkle – AR	5 8:30 Morning News Café – AR 9:00 Chair Exercise w/ Sun View – AR 10:00 RCH: Card Games – AR 10:45 Volunteers Club – All Welcome! – AR 1:00 Bingo – AR 2:00 Mahjong Club – AR 2:30 Sweat Treat Cart – (Door to Door) 6:00 Farkle – AR 6:00 Poker night – AR	6 8:30 Morning News Café – AR 9:00 Frys Trip – Sign up (2nd Floor) 9:30 Culinary Chat W/ Nacho – AR 11:00 Open Activity Games – AR 1:00 Monster Mini Golf – LB 2:00 Breast Cancer Awareness Walk Around Community – AR 3:30 Beverages on Courtyard – CY 6:00 Farkle – AR	7 8:30 Morning News Café – AR 9:00 Fitness Drumming – AR 10:00 Art Hour – AR 11:30 1:1 Visit w/ Stacey – By appointment 1:00 Bingo – AR 2:00 Quick Chats w/ Activities – AR 2:30 Resident Council Meeting *All Residents Welcome* – AR 6:00 Farkle – AR	8 All Day Pink for Hope – *Wear pink* 8:30 Morning News Café – AR 9:00 Lets walk the Mall! – Sign Up on 2nd Floor 11:00 Open Activity Art – AR 1:00 Bingo – AR 2:30 1st Dairy Queen Outing! – Sign up (2nd Floor) 2:30 Karaoke & Sing-A-Long w/ Tom – AR 4:00 Snacks & Sudoku – AR 6:00 Farkle – AR	9 9:00 Bible Study with Bobby – Bring your own Bible! 10:00 Coffee & Chat w/ Neighbors – AR 1:00 Mahjong – AR 1:00 Scrabble with friends – AR 6:00 Farkle – AR 6:00 Poker night – AR		
8:30 Morning Stroll Around Ventana 9:00 Scripture of the Day – AR 10:00 Resident Choice Station – Activity Carts 1:00 Mahjong – AR 2:30 Resident Choice Station – Activity Carts 6:00 Farkle – AR	11 8:30 Morning News Café – AR 9:00 Winco Grocery Store – Sign up 2nd Floor 10:00 Seated Kickboxing (VI) – AR 11:00 Open Activity Hour – AR 2:00 Electric Slide Glow Party – EL 4:00 Snacks & Crosswords – AR 6:00 Farkle – AR	12 8:30 Morning News Café – AR 9:00 Chair Exercise w/ Weighs – AR 10:45 Volunteers Club – All Welcome! – AR 1:00 Bingo – AR 2:00 Mahjong Club – AR 2:30 Sweat Treat Cart – (Door to Door) 6:00 Farkle – AR 6:00 Poker night – AR	13 8:00 Paloma Park Outing – (Sign up by Oct 8th) 8:30 Morning News Café – AR 9:30 Culinary Chat W/ Nacho – AR 11:00 Open Activity Games – AR 2:00 Jack-O-Lantern Painting – AR 3:00 Next month's Activities Chat – AR 4:00 Beverages on Courtyard – CY 6:00 Farkle – AR	14 8:30 Morning News Café – AR 9:00 Fitness Drumming – AR 10:00 Art Hour – AR 11:30 1:1 Visit w/ Stacey – By appointment 1:00 Bingo – AR 2:00 Book Club – LB 2:30 Halloween Trivia – AR 6:00 Farkle – AR	15 All Day Pink for Hope – *Wear pink* 8:30 Morning News Café – AR 9:00 Deseret Industries Thrift Store – Sign Up (2nd Floor) 11:00 Open Activity Art – AR 1:00 Bingo – AR 2:30 Happy Hour & Music – DR 3:30 Patio Chats – CY 4:00 Snacks & Sudoku – AR 6:00 Farkle – AR	16 9:00 Bible Study with Bobby – Bring your own Bible! 10:00 Coffee & Chat w/ Neighbors – AR 1:00 Mahjong – AR 1:00 Scrabble with friends – AR 6:00 Farkle – AR 6:00 Poker night – AR		
8:30 Morning Stroll Around Ventana 9:00 Scripture of the Day – AR 10:00 Resident Choice Station – Activity Carts 1:00 Mahjong – AR 2:30 Resident Choice Station – Activity Carts 6:00 Farkle – AR	18 8:30 Morning News Café – AR 9:00 Walmart Trip – Sign up (2nd Floor) 10:00 Seated Chair Yoga (VI) – AR 11:00 Open Activity Hour – AR 1:00 Baking Club: Bake & Take 2:30 Beverages on Courtyard – CY 4:00 Snacks & Crosswords – AR 6:00 Farkle – AR	19 8:30 Morning News Café – AR 9:00 Chair Exercise w/ Weighs – AR 10:00 RCH: Card Games – AR 11:00 Volunteers Club – All Welcome! – AR 1:00 Bingo – AR 2:00 Mahjong Club – AR 2:30 Sweat Treat Cart – (Door to Door) 6:00 Farkle – AR 6:00 Poker night – AR	20 8:30 Morning News Café – AR 9:00 Donuts w/ Shinnie – AR 9:30 Culinary Chat W/ Nacho – AR 11:00 Open Activity Games – AR 2:00 RCA : Board Games – AR 2:00 RCH : Crafts – AR 3:30 Beverages on Courtyard – CY 6:00 Farkle – AR	21 8:30 Morning News Café – AR 9:00 Fitness Drumming – AR 9:30 Southwest Mobility : Services for FREE! 10:00 Art Hour – AR 11:30 1:1 Visit w/ Stacey – By appointment 1:00 Bingo – AR 2:00 Quick Chats w/ Activities – AR 2:30 Town Hall Meeting *All Residents Welcome* 6:00 Farkle – AR	22 All Day Pink for Hope – *Wear pink* 8:30 Morning News Café – AR 9:00 Hobby Lobby – Sign Up (2nd Floor) 10:00 RCA – Scrabble Games – AR 11:00 Open Activity Art – AR 1:00 Bingo – AR 2:30 2nd Dairy Queen Outing– Sing up (2nd Floor) 2:30 Name That Tune w/ Tom – AR 4:00 Snacks & Sudoku – AR 6:00 Farkle – AR	23 9:00 Bible Study with Bobby – Bring your own Bible! 10:00 Coffee & Chat w/ Neighbors – AR 1:00 Mahjong – AR 1:00 Scrabble with friends – AR 6:00 Farkle – AR 6:00 Poker night – AR		
8:30 Morning Stroll Around Ventana 9:00 Scripture of the Day – AR 10:00 Resident Choice Station – Activity Carts 1:00 Mahjong – AR 2:30 Resident Choice Station – Activity Carts 6:00 Farkle – AR	25 All Day *SPIRIT WEEK* 8:30 Morning News Café – AR 9:00 Walmart Neighborhood Market – Sign Up (2nd Floor) 10:00 Seated Music Fitness (VI) – AR 11:00 Open Activity Hour – AR 1:00 Baking Club: Bake & Take 2:30 October Birthday Celebration – AR 4:00 Snacks & Crosswords – AR 6:00 Farkle – AR	26 All Day *SPIRIT WEEK* 8:30 Morning News Café – AR 9:00 Chair Exercise w/ Weighs – AR 10:00 RCH: Card Games – AR 11:00 Volunteers Club – All Welcome! – AR 1:00 Bingo – AR 2:00 Mahjong Club – AR 2:30 Sweat Treat Cart – (Door to Door) 6:00 Farkle – AR 6:00 Poker night – AR	27 All Day *GIVE & TAKE* ALL DAY – LB All Day *SPIRIT WEEK* 8:30 Morning News Café – AR 9:00 Fitness Drumming – AR 9:30 Culinary Chat W/ Nacho – AR 11:00 Open Activity Games – AR 1:00 Take-Home Garden – AR 2:30 Stop By Our Give & Take – LB 3:30 Beverages on Courtyard – CY 6:00 Farkle – AR	28 All Day *SPIRIT WEEK* 8:30 Morning News Café – AR 9:00 Fitness Drumming – AR 10:00 Art Hour – AR 11:30 1:1 Visit w/ Stacey – By appointment 1:00 Bingo – AR 2:00 Book Club – LB 2:30 Halloween Paint & Sip – AR 6:00 Farkle – AR	29 All Day *SPIRIT WEEK* 8:30 Morning News Café – AR 9:00 Walmart Trip – Sign up (2nd Floor) 11:00 Open Activity Art – AR 2:00 Halloween Party – DR 3:00 Halloween Costume Contest – DR 4:00 Snacks & Sudoku – AR 6:00 Farkle – AR	30 9:00 Bible Study with Bobby – Bring your own Bible! 10:00 Coffee & Chat w/ Neighbors – AR 1:00 Mahjong – AR 1:00 Scrabble with friends – AR 6:00 Farkle – AR 6:00 Poker night – AR		
Happy Birthday!	05 – Marty C. 07 – Les W. 15 – Sandra G. 19 – Tom F.	22 – Lorrie W. 28 – Trent Z. 30 – Dianne N.	Calendar & Activities are subject to change. Please see dailies for up to date information.		Calendar Guide: Key/Legend AR – Activity Room 2nd Floor DR – Dining Room LB – Library 2nd Floor		CY – Court Yard (By Front Office) RCH – Resident Choice Hour EL – Elements Lobby	