

Ventana Winds Senior Living Community					Elements		Elements Neighborhood					October 2026	
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
								8:50 Serenity Stretch w/ A.L. – PW 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Jumbo Bowling – EL 2:15 Cooking Class – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		1 9:00 Chair Exercise – EL 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Indoor Floor Shuffleboard – EL 2:00 Popsicles on the patio! – EL 3:00 Snacks And Hydration 4:00 Family Dinner– EL 6:00 Evening Bingo – PW		2 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 12:30 Bible Study with Barbara 1:30 Guided Meditation – EL (ML) 3:00 Snacks And Hydration 6:00 Evening Bingo – PW	
10:00 Documentary Hour – EL 10:00 Virtual Church YouTube – The Gathering 11:30 Daily Chronicles –MS 2:30 Table Games /Bingo 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		4 3:30 What Is In The Box?! 9:00 Chair Yoga – EL 10:00 Documentary Hour – EL 11:00 Gardening Club W/Friends (PC) 11:30 Daily Chronicles –MS 1:00 Flower Arrangements – EL PW 6:00 Evening Bingo – PW		5 8:50 Chair Exercise w/ A.L. – PW 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:00 Colorful Moments – EL 11:30 Daily Chronicles –MS 1:15 Learn A New Skill Club – PW 2:00 Trivia & Treats – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		6 8:50 Fitness Drumming w/ Stacey – PW 9:00 Morning Match-Up – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Bingo – EL 2:30 Women Of The World – EL PW 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		7 8:50 Serenity Stretch w/ A.L. – PW 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Jumbo Bowling – EL 2:15 Cooking Class – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		8 9:00 Chair Exercise – EL 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Indoor Floor Shuffleboard – EL 2:00 Popsicles on the patio! – EL 2:45 Dairy Queen Outing 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		9 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 12:30 Bible Study with Barbara 1:30 Guided Meditation – EL (ML) 3:00 Snacks And Hydration 6:00 Evening Bingo – PW	
10:00 Documentary Hour – EL 10:00 Virtual Church YouTube – The Gathering 11:30 Daily Chronicles –MS 2:30 Table Games /Bingo 3:00 Snacks And Hydration 3:30 Face Masks And Relaxation – PW 6:00 Evening Bingo – PW		11 9:00 Chair Yoga – EL 10:00 Documentary Hour – EL 11:00 Gardening Club W/Friends (PC) 11:30 Daily Chronicles –MS 1:00 Flower Arrangements – EL 3:00 Electric Slide Glow Party – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		12 8:50 Chair Exercise w/ A.L. – PW 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:00 Colorful Moments – EL 11:30 Daily Chronicles –MS 1:15 Learn A New Skill Club – PW 2:00 Trivia & Treats – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		13 8:00 Paloma Park Outing 9:00 Morning Match-Up – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Bingo – EL 2:30 Women Of The World – EL PW 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		14 8:50 Serenity Stretch w/ A.L. – PW 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Jumbo Bowling – EL 2:15 Cooking Class – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		15 9:00 Chair Exercise – EL 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Indoor Floor Shuffleboard – EL 2:00 Popsicles on the patio! – EL 3:00 Snacks And Hydration 4:00 Family Dinner – EL 6:00 Evening Bingo – PW		16 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 12:30 Bible Study with Barbara 1:30 Guided Meditation – EL (ML) 3:00 Snacks And Hydration 6:00 Evening Bingo – PW	
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10:00 Documentary Hour – EL 10:00 Virtual Church YouTube – The Gathering 11:30 Daily Chronicles –MS 2:30 Table Games /Bingo 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		25 9:00 Chair Yoga – EL 10:00 Documentary Hour – EL 11:00 Gardening Club W/Friends (PC) 11:30 Daily Chronicles –MS 1:00 Flower Arrangements – EL 3:00 Halloween Happy Hour– EL PW 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		26 8:50 Chair Exercise w/ A.L. – PW 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:00 Colorful Moments – EL 11:30 Daily Chronicles –MS 1:15 Learn A New Skill Club – PW 2:00 Trivia & Treats – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		27 8:50 Fitness Drumming w/ Stacey – PW 9:00 Morning Match-Up – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Halloween Bingo – EL 2:30 Women Of The World – EL PW 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		28 8:50 Serenity Stretch w/ A.L. – PW 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Jumbo Bowling – EL 2:15 Cooking Class – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		29 9:00 Chair Exercise – EL 9:00 Garden Stroll – MS 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 1:15 Indoor Floor Shuffleboard – EL 2:00 Ghosts And Ghouls Party – EL 3:00 Snacks And Hydration 6:00 Evening Bingo – PW		30 10:00 Documentary Hour – EL 11:30 Daily Chronicles –MS 12:30 Bible Study with Barbara 1:30 Guided Meditation – EL (ML) 3:00 Snacks And Hydration 6:00 Evening Bingo – PW	
Happy Birthday! April E – 10/23 Judy J – 10/28 Carmelita T – 10/30				“October brings crisp air, colorful leaves, and cozy moments.”				Calendar & Activities are subject to change				Location Key: PW – Pathways MS – Memory Support EL – (Elements) Both	